



Year 7						
Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6	Key Questions
<p><b>Relationships</b></p> <p><b>Purpose:</b> To aid pupils in changing relationships as they enter secondary school.</p> <p>They will explore different forms of relationships from friendships to family and romantic relationships and how to notice the differences between healthy and unhealthy relationships.</p> <p>They will also learn how to handle negative situations and harmful behaviours and who</p>	<p><b>Keeping safe</b></p> <p><b>Purpose:</b> To empower Year 7 pupils to be more aware of risks and to make informed and safe choices both in the physical and online world.</p> <p>The unit is proactive and preventive and will help equip students with the skills and knowledge to guide their new independence in secondary school and avoid becoming victims or perpetrators of crime.</p> <p>The unit also ensures pupils move beyond theoretical</p>	<p><b>Understanding the law</b></p> <p><b>Purpose:</b> This unit will introduce students to the foundational concepts of rules, laws and the real life consequences of breaking these. This area of the curriculum is key to pupils developing a sense of personal responsibility and good citizenship.</p> <p>It provides a vital first step in a student's legal education which aids them to transition from simply following rules to genuinely understanding the</p>	<p><b>Wellbeing</b></p> <p><b>Purpose:</b> This unit aims to provide pupils with the foundational skills for self awareness, emotional intelligence and safe decision making.</p> <p>These lessons are designed to build a strong base of knowledge that will help pupils build resilience to help them navigate the social and emotional challenges growing up.</p> <p>It will provide a holistic approach to student wellbeing focusing on both</p>	<p><b>Health</b></p> <p><b>Purpose:</b> The purpose of this unit is to equip pupils with the knowledge and skills to take control of their own health and wellbeing as they transition into secondary school.</p> <p>The unit will empower pupils to make informed choices that will support a healthy and balanced lifestyle. This will allow pupils to gain a holistic view of health and build foundational knowledge that will serve them well for the rest of their lives.</p>	<p><b>Careers: Who am I?</b></p> <p>Grow throughout life by learning and reflecting on yourself, your background and your strengths:</p> <ul style="list-style-type: none"> <li>• Exploring possibilities; dream jobs</li> <li>• Explore the full range of possibilities open to you and learn about recruitment processes, and the culture of different workplaces</li> </ul> <p>What is a career?</p> <ul style="list-style-type: none"> <li>• Manage your career; actively make the most of opportunities</li> </ul>	<p>What is empathy?</p> <p>What is fact finding?</p> <p>What is future planning?</p> <p>What is informed decision making?</p> <p>What is resilience?</p> <p>What is respect?</p> <p>What is self worth?</p> <p>What is risk?</p>



<p>they can turn to for support.</p> <p><b>Overview of the knowledge and skills covered in this unit:</b></p> <ul style="list-style-type: none"> <li>• Conflict &amp; how to respond.</li> <li>• How and why friendships change &amp; how to respond.</li> <li>• The importance of trust and behaviours that may build or undermine it.</li> <li>• The difference between banter and bullying and unintentional hurt.</li> <li>• The definition of child-on-child abuse and what can make a relationship abusive.</li> <li>• The purpose of marriage and</li> </ul>	<p>knowledge and ensures that they gain practical, real world skills for a safer and more informed life.</p> <p><b>Overview of the knowledge and skills covered in this unit:</b></p> <ul style="list-style-type: none"> <li>• How to balance growing independence and risk.</li> <li>• The real world risks of road use, addiction and vaping.</li> <li>• The pressures that may come from online sources and how to respond &amp; report.</li> </ul> <p>Students will develop the skills of:</p> <ul style="list-style-type: none"> <li>• Understanding risk.</li> <li>• Making informed</li> </ul>	<p>principles of law and their personal role within it.</p> <p><b>Overview of the knowledge and skills covered in this unit:</b></p> <ul style="list-style-type: none"> <li>• How to tackle prejudice and discrimination</li> <li>• What it means to be anti-racist and how to be an ally towards the LGBTQ+ community</li> <li>• The protected characteristics and the Equality Laws that protect people from prejudice and discrimination.</li> <li>• What is a hate crime and how to respond.</li> <li>• Witnesses to crime and the support available.</li> </ul>	<p>internal self-development and the external support system available to help them.</p> <p><b>Overview of knowledge and skills covered in this unit:</b></p> <ul style="list-style-type: none"> <li>• Identify personal areas of strength and areas of development.</li> <li>• Resilience.</li> <li>• The importance of personal growth.</li> <li>• How to manage changing feelings and emotions to aid them to tackle puberty and develop healthy relationships, while knowing where to go for support to aid both physical and mental</li> </ul>	<p><b>Overview of knowledge and skills covered in this unit:</b></p> <ul style="list-style-type: none"> <li>• Healthy living (nutrition &amp; physical activity)</li> <li>• The importance of sleep.</li> <li>• Different ways to look after their physical health from dental hygiene to summer safety.</li> </ul> <p>While doing this pupils will develop skills of:</p> <ul style="list-style-type: none"> <li>• Informed decision making</li> <li>• Managing risk</li> <li>• Self worth.</li> </ul>	<p>and learn from setbacks</p> <p>What is an entrepreneur?</p> <ul style="list-style-type: none"> <li>• Create opportunities by being proactive and building positive relationships with others</li> </ul> <p>What is a work-life balance?</p> <ul style="list-style-type: none"> <li>• Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your family and community</li> </ul> <p>Careers and the future</p> <ul style="list-style-type: none"> <li>• See the bigger picture by paying</li> </ul>	
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<p>how families can differ.</p> <p>While doing this pupils will develop the skills of:</p> <ul style="list-style-type: none"> <li>• Empathy.</li> <li>• Respect.</li> <li>• Self worth.</li> </ul>	<p>decisions.</p> <ul style="list-style-type: none"> <li>• Self-worth</li> <li>• Respecting others.</li> </ul>	<ul style="list-style-type: none"> <li>• The age of criminal responsibility and making correct choices.</li> </ul> <p>While doing this pupils will develop the key skills of:</p> <ul style="list-style-type: none"> <li>• Respect.</li> <li>• Empathy.</li> <li>• Self-worth.</li> <li>• Informed decision making.</li> </ul>	<p>health.</p> <p>While doing this pupils will develop key skills of:</p> <ul style="list-style-type: none"> <li>• Self worth.</li> <li>• Respect.</li> <li>• Empathy.</li> <li>• Resilience.</li> </ul>		<p>attention to how the economy, politics and society connect with your own life and career.</p>	
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