



Year 11			
Drop Down Day One	Drop Down Day Two	Drop Down Day Three	Careers Drop Down Day
<p>Relationships</p> <p>Purpose: The central purpose of the Year 11 "Relationships" unit is to ensure that students are fully equipped with the knowledge and confidence to engage in and maintain healthy adult relationships, while having a zero-tolerance approach to violence and exploitation.</p> <p>The unit is deeply focused on high-priority areas identified by police, such as sexual violence and harassment.</p> <p>Overview of the knowledge and skills covered in this unit:</p> <p>In this unit pupils will study victim blaming, the difference between forced and arranged marriage, influence of porn on relationships, sexual offences, substance abuse in relationships, AI relationships.</p>	<p>Keeping safe and understanding the law</p> <p>Purpose: The overarching goal of the Year 11 "Keeping Safe" and "Understanding the Law" units is to equip students with the legal literacy and practical skills required to navigate the complex and high-risk challenges of adult life, particularly as they gain legal autonomy (e.g., driving, voting, entering contracts, increased criminal responsibility).</p> <p>The curriculum focuses heavily on personal accountability, serious crime prevention, and understanding the rights and responsibilities that come with being a fully accountable adult.</p> <p>Overview of the knowledge and skills covered in this unit: In this unit pupils will study mitigating factors, culpability and harm, the law and contraception, the law and pregnancy and STIs, law and getting a</p>	<p>Wellbeing</p> <p>Purpose: The final key area in the curriculum, and it's perhaps the most important for Year 11 students as they face external exam pressure and huge life decisions.</p> <p>The purpose of the Year 11 "Wellbeing" unit is to equip students with the advanced self-management skills necessary to maintain their mental, emotional, and physical health while navigating stress, preparing for post-16 transitions, and building resilience for the future.</p> <p>This unit focuses on developing internal resources—the attributes and knowledge they need to look after themselves and seek help when required.</p> <p>Overview of the knowledge and skills covered in this unit: How can they cope with exams and leaving school, life changes, what it</p>	<p>What are my employability skills?</p> <p>Purpose & Content:</p> <ul style="list-style-type: none"> • Grow throughout life by learning and reflecting on yourself, your background and your strengths • Explore the full range of possibilities open to you and learn about recruitment processes, and the culture of different workplaces • Decision making; choosing your post 16 pathway • Manage your career; actively make the most of opportunities and learn from setbacks • Researching volunteering and paid work • Create opportunities by being proactive and building positive relationships with others. • Money talks; apprenticeships vs higher education • Balance your life as a worker and/or entrepreneur with your wellbeing, other interests and your involvement with your



Parkside School Curriculum Map 2025/6

Humanities/Personal Development: PSHCE

While doing this pupils will develop skills of decision making, self worth empathy, fact-finding, respect, understanding risk.	<p>job, what can go wrong using substances, issues lending money/ gambling.</p> <p>While doing this pupils will learn the skills of self worth, identifying risk, future planning, informed decision making.</p>	<p>means to catastrophise, what makes someone employable, gynaecological health for all, can you be sure what you are taking, family, sexual health and wellbeing.</p> <p>While doing this pupils will focus on the skills of respect, keeping safe, understanding risk, empathy, understanding the law.</p>	<p>family and community</p> <ul style="list-style-type: none">• Is AI a threat to our jobs?• See the bigger picture by paying attention to how the economy, politics and society connect with your own life and career.
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