Parkside School Curriculum Map 2025/6

Humanities / Personal Development: PSHCE

Year 9					
Half Term One	Half Term Two	Half Term Three	Half Term Four Half Term Five	Half Term Six	Key Questions
Relationships	Keeping Safe	Careers: Under Review	Wellbeing (mental and physical)	Understanding the	What is empathy?
The purpose of the unit is to provide students with critical, age-appropriate knowledge regarding the legal and social boundaries of relationships, focusing heavily on safety, consent, and exploitation. This unit goes beyond basic relationship skills to address serious, high-risk topics relevant to this age group.	The purpose of the unit is to provide pupils with practical, preventative education on the risks they face in the wider community, focusing on how to avoid becoming a victim or a suspect of crime. This unit is strongly tied to early intervention and risk mitigation, ensuring that students develop the knowledge and attributes necessary to make safe, informed choices outside of the		The primary purpose of the unit is to equip young people with the knowledge and practical skills to understand, monitor, and proactively care for their mental and physical health. It acknowledges that personal wellbeing is foundational to success in life and helps students identify and manage the complex changes they experience during adolescence. Overview of the knowledge and skills covered in this unit: How to support their own health and the health of others How to deal with setbacks & coping strategies The stigma around mental health Self-harm Drugs, alcohol and vaping & the importance of a healthy lifestyle	The primary purpose of this unit is to educate young people on their rights, responsibilities, and legal powers within the community, focusing on the practical application of law enforcement. The unit aims to foster responsible citizenship and bridge the gap between young people and the police force by providing clear, fact-based information.	What is fact finding? What is future planning? What is informed decision making? What is resilience? What is respect? What is self worth? What is risk?
	classroom.		While doing this pupils will focus on the skills of: Respect Keeping safe		



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Overview of the	Overview of the	Risk management	Overview of the
knowledge and skills	knowledge and skills	 Empathy 	knowledge and skills
covered in this unit:	covered in this unit:	 Understanding the law 	covered in the unit:
	The links between		The support for
 The portrayal of 	gaming and		victims
different	grooming		County Lines and
relationships in	What		the risks
the media	microtransactions		How to legally get
 Consent and its 	are		contraception and
importance	The risks of		how this could be
 Child sexual 	asphyxiation		a safeguarding
exploitation is	Gangs and child		concern
The issues	criminal		The influence of
surrounding	exploitation.		the internet on
sending sexual			illegal behaviour
images or	While doing this pupils		Understanding
messages	will develop skills of:		intimidation and
 What sexism is 	Risk Management		anti-social
and how it links to	Resilience		behaviour
different contexts	Informed decision		
	making		While doing this pupils
While doing this pupils	Self-worth		will learn skills of:
will develop skills of:			Resilience
 Respect 			Risk management
Self-worth			Future planning
 Empathy, Risk 			Empathy
management			Informed decision
-			making
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