



### **What is Parkside aiming to achieve through its P. E. curriculum?**

Through our examination subjects, within PE and Performing Arts, we are aiming for our students to show resilience and courage, with their wellbeing at the centre of everything we do.

- We offer a wide variety of options at KS4 and KS5 to give students the opportunity to take their love for Sport/Dance further.
- The qualifications offered are designed to support progression to further education.
- We want our PE/Dance students to become resilient, independent and successful learners, improve their understanding of subject knowledge and apply the PRIDE values and ethos ensuring positive relationships with students and staff.

# Parkside School Subject Curriculum Plan

## Subject: P.E. Additional – KS4



10	GCSE					
	Section 2 Physical Training	Section 2 Physical Training	Section 4 Sports Psychology	Section 4 Sports Psychology	AEP	AEP
	Sports Studies					
	<b>R186</b> Sport & the media	<b>R186</b> Sport & the media	<b>R186</b> Sport & the media	<b>R185</b> Performance & leadership in sport Topic area 1- Key components Topic area 2- Apply practice methods	<b>R185</b> Performance & leadership in sport Topic 3- Organise and plan sports event	<b>R185</b> Performance & leadership in sport Topic 4- Deliver sports session
	Topic area 1- Different media	Topic area 2- Positive effects	Topic area 1- Negative effects			
11	GCSE					
	Section 1 Applied Anatomy & Physiology	Section 1 Applied Anatomy & Physiology	Section 3 Socio-cultural Influences	Section 5 Health, Fitness & well-being	Revision/exams	Revision/exams
	Sports Studies					
	<b>R185</b> Performance & leadership in sport Topic 5- Review of performance and delivery	<b>R184</b> Contemporary issues in sport Topic area 1- Issues Topic area 2- values	<b>R184</b> Contemporary issues in sport Topic area 3- Sporting events Topic area 4- NGB	<b>R184</b> Contemporary issues in sport Topic area 5- Technology in sport	<b>R184</b> Contemporary issues in sport Revision	<b>R184</b> Contemporary issues in sport Revision